

# Healing & Re-Creation

## PART THREE



SERIES BIG IDEA:

**Jesus re-creates us so that we live to glorify God.**

*If my people who are called by my name will humble themselves and pray, and seek my face, and turn from their wicked ways, then I will hear from heaven, and I will forgive their sins, and I will heal their land."*

2 Chronicles 7:14 (NIV)

### **Condition 1: Admit I am not in control.**

*He guides the humble in what is right and teaches them his way*

Psalm 25:9 (NIV)

#### **If I am humble, God will guide me.**

*I will bless those who have humble and contrite hearts . . .*

Isaiah 66:2 (NLT)

#### **If I am humble, God will bless me.**

*Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.*

Matthew 11:29 (NIV)

#### **If I am humble, God will give me rest.**

### **Condition 2: Ask God for help.**

*<sup>13</sup>Is any one of you in trouble? He should pray. Is anyone happy? Let him sing songs of praise. <sup>14</sup>Is any one of you sick? He should call the elders of the church to pray over him and anoint him with oil in the name of the Lord. <sup>15</sup>And the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven.*

James 5:13-15 (NIV)

#### **God wants me to ask.**

*<sup>23</sup>Very truly I tell you, my Father will give you whatever you ask in my name. <sup>24</sup>Until now you have not asked for anything in my name. Ask and you will receive, and your joy will be complete.*

John 16:23-24 (NIV)

#### **Ask in Jesus' name.**

### **Condition 3: Seek God, not a miracle.**

*Without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.*

Hebrews 11:6 (NIV)

#### **Seeking God means that we let go of our agenda.**

*<sup>33</sup>Seek first his kingdom and his righteousness, and all these things will be given to you as well. <sup>34</sup>Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.*

Matthew 6:33-34 (NIV)

#### **Seeking God means that we let go of our worry.**

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## Condition 4: Turn my attention from the world to the word.

Therefore confess your sins to each other and pray for each other so that you may be healed.  
James 5:16 (NIV)

### Turning from the world requires confession.

<sup>16</sup>All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, <sup>17</sup>so that the servant of God may be thoroughly equipped for every good work.  
2 Timothy 3:16-17 (NIV)

### Answers for our issues are found in Scripture.

#### Three Promises:

- God hears from heaven.
- God forgives my sins.
- God heals.

#### TEACHING BIG IDEA:

Re-creation comes by humbly asking God for help and seeking God through His word.

## Am I willing to meet the conditions in order to receive my healing?



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### TEACHING SUMMARY:

All of mankind needs healing because of the brokenness of sin. For many people, the brokenness of life is much more pronounced.

Addiction, worry, past hurts, illness, etc, can ravage our day-to-day life and, often no amount of human effort can bring a reprieve. But God can and He gives us a pathway to find the healing that we need according to His will.

Admit we are not in control. Ask God for help. Seek God, not a miracle. Turn our attention from the world to the word.

The pathway has been laid out and if we follow it there are 3 promises that we can hold onto; God Hears, God Forgives, and God Heals.

Are you willing to follow His pathway to receive the healing that can only come from Him?

### TALK IT OVER:

Where in your life have you experienced brokenness?

Do you believe that Jesus can heal the brokenness in your life? Why or Why not?

How does the thought of healing make you feel? What would a healed life look like?

What is one next step you can take today?

### DAILY BIBLE READINGS:

Mon: 2 Corinthians 5:14-17; 1 Peter 1:3-4, 23-24

Tue: Psalm 8:1-9; Psalm 139:1-18

Wed: Psalm 37:3-4,23-24,37-40

Thu: Psalm 51:10-13 Psalm 62:5-8

Fri: John 4:34; Matthew 26:39-44; John 14:12-14

Sat: 1 Peter 5:6-11