

Confess It
WEEK TWO

SERIES BIG IDEA: The gospel is the power	r of God to	and	_ all who know it, trust in it, and sha	re it.
is t	the gospel.			
	Jesus is and ust in Him as Savior and follow		FOUR KEY QUESTIONS From "Gospel Fluency" by Jeff Vanderstelt	
received, in which you star	brothers, of the gospel I preached nd, <sup>2</sup> and by which you are being so I to you—unless you believed in v	aved, if you hold		
Christ died for our sins in a was buried, that he was ra the Scriptures, <sup>5</sup> and that he twelve. <sup>6</sup> Then he appeared one time, most of whom an	f first importance what I also rece accordance with the Scriptures, <sup>4</sup> tl ised on the third day in accordance e appeared to Cephas, then to the to more than five hundred brothe re still alive, though some have fa to James, then to all the apostles	hat he ce with ers at Ilen	WHAT AM I DOING OR EXPERIENCING RIGHT NOW?	
The Gospel is that Jesus,	, the			
Lived the	life no one can live.			
	for all sin.			
	life to all w	/ho		
	and follow Him as Lord.			
For I am not ashamed of th God that brings salvation t Romans 1:16 (NIV)	ne gospel, because it is the power to everyone who believes		IN LIGHT OF WHAT I AM DOING OR EXPERIENCING, "WHAT DO I	
The gospel is God's power	er to save me by	SIN	BELIEVE ABOUT MYSELF?"	
	every area o	of my		
life.		P		
Do not conform to the patt by the renewing of your mi Romans 12:2 (NIV)	tern of this world, but be transforr ind.	of my med	WHAT DO I BELIEVE GOD IS DOING OR HAS DONE?	
I am an	(John 16:7-9)	00		
TEACHING BIG IDEA:				
God is continually savi	ng me from my			
s	so that I become more like		WHAT DO I BELIEVE	
	and experience His life new		GOD IS LIKE?	



**Confess It** 

When my thoughts, attitudes, or actions are not like Jesus, I must confess my				
Start with my bad	and trace it to my bad	<del>.</del>		
(: t	houghts, attitudes, actions	: Wrong beliefs)		
fellowship with him and ye		I is light; in him there is no darkness at all. <sup>6</sup> If we claim to have ve out the truth. <sup>7</sup> But if we walk in the light, as he is in the light, we have us from all sin.		
		ot in us. <sup>9</sup> If we confess our sins, he is faithful and just and will forgive us not sinned, we make him out to be a liar and his word is not in us.		
		nybody does sin, we have an advocate with the Father—Jesus Christ, the for ours but also for the sins of the whole world.		
Confessing my	is my responsibility in God	transforming me.		



Confession (n) - a formal admission of one's sins with repentance.

Have you ever thought about confession only being true when accompanied with repentance?

We see in Genesis that when our sin is uncovered or brought to light, we, as humans, have a tendency to run and hide. Confessing is counter intuitive. Confession often comes with repercussions and we want to avoid these as much as possible. But for those of us in Christ, we will grow to understand that the punishment for our sin was already bore by Jesus and that with confession comes forgiveness. Our sin, which is something that we will still struggle with even after we encounter Jesus, is meant to drive us toward the redemptive power of Jesus through repentance and confession. What is it in your life that needs to be confessed?

The following 4 questions will help you understand what you need to confess and let you experience in a deeper way the forgiveness of God.

## **TALK IT OVER:**

What am I doing or experiencing right now?

In light of what I am doing or experiencing, "What do I believe about myself?"

What do I believe God is doing or has done?

What do I believe God is like?

## **FURTHER READING:**

Day 1: John 5:46-47

Day 2: John 1:1-15

Day 3: Colossians 2:2-15

Day 4: Romans 7:1-21

Day 5: James 3:13-17

Day 6: Hebrews 2:1-4