

"Don't be afraid. Just believe." Mark 5:36 (NIV)

• Believe is the Greek word "Pister belief and	•	root "pistis." "Pisitis" is w	hat we translate into English as faith,
• To believe, or to have faith, is to	in Jesus.		
My faith in Jesus is the most	thing I have.		
And without faith it is impossible to powho earnestly seek him. Hebrews 11:6 (NIV)	ease God, because anyone who c	omes to him must believe th	nat he exists and that he rewards those
Trust is the	of any relationship, especially	my relationship with God.	
My trust in God is	_		
A trust that cannot be			
When my trust in God	through the testing	, my trust (or faith) grows	i <u>.</u>
Faith is trusting in who Jesus is and	hoping in what Jesus can do ev	ven when I don't get what	I or what I think
Faith is not the power to get whatever (Gary Thomas, "Sacred Parenting")	we want; it's the power to accept	t whatever we've been given).
It is in difficult and hard times when	our trust in God is	and	·
kills you will think they are offering a s	ervice to God. ³ They will do such s you will remember that I warne	things because they have n	fact, the time is coming when anyone who tot known the Father or me. ⁴ I have told tell you this from the beginning because
the world; now I am leaving the world	and going back to the Father." ²⁹	Then Jesus' disciples said, "I	God. ²⁸ I came from the Father and entere Now you are speaking clearly and withou e anyone ask you questions. This makes u
	for my Father is with me. 33 "I have	ve told you these things, so t	cattered, each to your own home. You wi that in me you may have peace. In this
TEACHING BIG IDEA:			
I don't have to fear	when I trust that in Jes	us I will have	
We have courage because we can	trust in	lesus is and	Jesus has done.
• Jesus is, a			



² Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, ³ because you know that the testing of your faith produces perseverance. ⁴ Let perseverance finish its work so that you may be mature and complete, not lacking anything.

James 1:2-4 (NIV)

⁷ Cast all your anxiety on him because he cares for you. ⁸ Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. ⁹ Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

1 Peter 5:7-9 (NIV)

⁵ Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, ² through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God. ³ Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; ⁴ perseverance, character; and character, hope. ⁵ And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.

Romans 5:1-5 (NIV)

My trust in God's love that is given to me through Jesus grants me peace with God and the grace to _____ my sufferings.



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TEACHING SUMMARY:

"When you trust in Jesus you can have peace in the midst of suffering." - Kasey Robinson

It is often difficult to think that even in the midst of the difficulties of this world there is peace.

We can see examples of it and we can even believe that it will come but in the heat of the moment, it can seem that we are experiencing anything but peace.

When times get difficult it is an opportunity to deepen and strengthen our trust in God and depend upon Him for the peace that Paul experienced in prison, Daniel experienced in the lion's den, Shadrach, Meshach, and Abednego experienced in the fiery furnace.

But it is our choice to lean upon Him and trust that He will carry us through and provide a peace that goes beyond all human logic and understanding. Not an erasing of the situation but peace in the midst. Trust, believe, have faith in Jesus and He will be your peace.

TALK IT OVER:

When was a time when your life seemed to be falling apart around you and you experienced suffering? Who did you lean into during that time? How did that work out?

Do you believe that Jesus can be peace for you in the middle of incredibly difficult times?

Have you ever experienced that? If so what was that like?

What is one next step you can take today?

DAILY BIBLE READINGS:

Day 1: Psalm 19:6-8; Psalm 111:1-10

Day 2: Psalm 119:137-138 Day 3: Psalm 145:9-14

Day 4: John 8:25-29

Day 5: John 10:22-38

Day 6: John 14: 6-11; 25-27