



Burn the Ships

The "What If" Ship

WEEK SIX

SERIES BIG IDEA:

We experience true freedom and fulfillment when we completely trust in Jesus as our Savior and wholeheartedly commit to following Jesus as Lord. (John 8:31-32, John 10:10)

We can trust that every word Jesus said is true and life-giving because Jesus came back to life.

¹¹ "When you are brought before synagogues, rulers and authorities, do not worry about how you will defend yourselves or what you will say, ¹² for the Holy Spirit will teach you at that time what you should say."

Luke 12:11-12 (NIV)

Do not worry about defending yourself.

²² Then Jesus said to his disciples: "Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear. ²³ For life is more than food, and the body more than clothes. ²⁴ Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds! ²⁵ Who of you by worrying can add a single hour to your life? ²⁶ Since you cannot do this very little thing, why do you worry about the rest?"

Luke 12:22-26 (NIV)

- **Do not worry about protection and provision.**
- **Jesus doesn't suggest we do not worry, He commands us not to worry.**
- **Worry works against us, not for us.**

¹⁰ When he was alone, the Twelve and the others around him asked him about the parables. ¹¹ He told them, "The secret of the kingdom of God has been given to you..." ¹³ Then Jesus said to them, "Don't you understand this parable? How then will you understand any parable? ¹⁴ The farmer sows the word. ¹⁵ Some people are like seed along the path, where the word is sown. As soon as they hear it, Satan comes and takes away the word that was sown in them. ¹⁶ Others, like seed sown on rocky places, hear the word and at once receive it with joy. ¹⁷ But since they have no root, they last only a short time. When trouble or persecution comes because of the word, they quickly fall away. ¹⁸ Still others, like seed sown among thorns, hear the word; ¹⁹ but the worries of this life, the deceitfulness of wealth and the desires for other things come in and choke the word, making it unfruitful. ²⁰ Others, like seed sown on good soil, hear the word, accept it, and produce a crop—some thirty, some sixty, some a hundred times what was sown."

Mark 4:10-11, 13-20 (NIV)

Worry keeps us from maturing and being fruitful in God's kingdom.

The secret to experiencing the freedom and fulfillment of being a part of Jesus' kingdom is to hear God's word, accept it, and obey it so it can produce fruit in us.

⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. ⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Philippians 4:4-9 (NIV)

TEACHING BIG IDEA:

Flip your worry into worship. Flip "what if" into "what is."

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WEEK SIX

- Flip fear into faith.
- Flip worrying into praying.
- Flip controlling it into thanking God in the face of it.
- Flip the "what ifs" into "what is."

If I can trust Jesus with my salvation then I can worship Jesus through _____.



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TEACHING SUMMARY:

Jesus was God, became man, lived a perfect life, died a death we deserve, and was raised to life on the third day. Because of this, we can trust that Jesus' words are true and that when he speaks on worry we must listen.

Jesus tells us not to worry, he doesn't suggest it, he commands it but not without promising that He is with us and that He will be our protection and provision.

So because of the truth of Jesus' words, His promise to never leave us or forsake us, and assurance we have in Him we can flip our worry into worship, our fear into faith, our desire to control into a thankful heart and flip the "what ifs" of life into "what is" because we know the what is has a name...Jesus.

TALK IT OVER:

In what areas of your life do you most struggle with worry? Why do you think that area is so difficult for you?

What would change if you trusted Jesus rather than yourself? What is keeping you from doing that?

How has this Burn the Ships series most challenged you? What ship do you most need to burn? Worry? Shame? People-pleasing? Comparisons? Sin? Your past?

What is stopping you from letting go of that ship and allowing God to transform your life?

What is one next step you can take today?

DAILY BIBLE READINGS:

- Day 1: Ephesians 1:13-15
- Day 2: Ephesians 2:4-10
- Day 3: 1 Thessalonians 1:1-10
- Day 4: 2 Thessalonians 1:1-12
- Day 5: Romans 15:13
- Day 6: 2 Peter 1:2-4