



# Burn the Ships

## Shame Game

### WEEK FIVE

SERIES BIG IDEA:

**We experience true freedom and fulfillment when we completely trust in Jesus as our Savior and wholeheartedly commit to following Jesus as Lord.**

**When we look at God's story, we can see how sin has brought brokenness into our lives.**

**In the beginning, Adam and Eve were free and fulfilled in God's good and perfect design.**

*God saw all that he had made, and it was very good.*

Genesis 1:31a (NIV)

<sup>15</sup> *The Lord God took the man and put him in the Garden of Eden to work it and take care of it.* <sup>16</sup> *And the Lord God commanded the man, "You are free to eat from any tree in the garden; <sup>17</sup> but you must not eat from the tree of the knowledge of good and evil, for when you eat from it you will certainly die."*

Genesis 2:15-17 (NIV)

*Adam and his wife were both naked, and they felt no shame.*

Genesis 2:25 (NIV)

<sup>1</sup> *Now the serpent was more crafty than any of the wild animals the Lord God had made. He said to the woman, "Did God really say, 'You must not eat from any tree in the garden?'"* <sup>2</sup> *The woman said to the serpent, "We may eat fruit from the trees in the garden, <sup>3</sup> but God did say, 'You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.'"*

<sup>4</sup> *"You will not certainly die," the serpent said to the woman. <sup>5</sup> "For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil."* <sup>6</sup> *When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.*

Genesis 3:1-6 (NIV)

**Sin is not believing in God and His Truth.**

**Sin created a bottomless pit in humanity to be loved and find worth.**

- **Love was found in relationship. (Genesis 2:18)**
- **Worth was found in purpose. (Genesis 1:26)**

<sup>7</sup> *Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.* <sup>8</sup> *Then the man and his wife heard the sound of the Lord God as he was walking in the garden in the cool of the day, and they hid from the Lord God among the trees of the garden. <sup>9</sup> But the Lord God called to the man, "Where are you?"*

Genesis 3:7-9 (NIV)

- **Shame is the result of God's image being broken.**
- **Sin opened the floodgates of brokenness in the world, our bodies, and our relationship with God and others.**
- **When we experience shame, it's a sign of our brokenness and sin.**

**Our emptiness creates a drive to find what only God can bring us.**

*"My people have committed two sins: They have forsaken me, the spring of living water, and have dug their own cisterns, broken cisterns that cannot hold water."*

Jeremiah 2:13 (NIV)

# Burn the Ships

## Shame Game

### WEEK FIVE

TEACHING BIG IDEA:

**God promises to be an infinite source of life to fill my bottomless pits of love and purpose when I turn to Him.**

- I will turn only to Jesus, my living source of life, who loves me and gives me purpose.
- I will confess my sin to find healing from my shame. (1 John 1:8-9; James 5:16)

**While my shame causes me to hide, Jesus' grace gives me the courage to confess.**



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#### TEACHING SUMMARY:

Shame is a weight we all deal with. Shame is the result of our sin. All of us are guilty of sin.

At creation, mankind was created to live in perfect communion with God. To experience ultimate love and have an ultimate purpose. When sin entered humanity that was broken and it left mankind striving to regain what was lost and what was unattainable by all human effort.

Mankind was left striving to fill an endless hole of love and worth. How do we do that? We attempt to do that through relationships, substances, work, achievement, and other earthly measures and in the end, we end up lacking.

Our inability to fill that hole caused by sin leads us to shame, which leads us to more sin and more shame.

God is the answer. God is the infinite source if we would submit to Him and let Him burn the ship on shame in our lives.

#### TALK IT OVER:

In what areas of your life are you most susceptible to shame?

What temporary measures have you turned to as a way to fill the holes of love and value that sin has left behind?

Do you believe that Jesus came, died, and rose again so now you can burn the ship on shame because you are in relationship with Him and He defines your value? Why or why not?

Who is one person you know that needs to hear this message?

What is one next step you can take today?

#### DAILY BIBLE READINGS:

"The main reason we sin is because we don't believe in God and His truth."

*Kasey Robinson*

Day 1: Ephesians 6:10-18

Day 2: John 3:35-36

Day 3: 1 John 2:3-5; 1 John 4:19-21

Day 4: Luke 8: 20-21; Luke 11:27-28

Day 5: John 8:46-48; James 1:21-22

Day 6: Titus 1:1-2; Hebrews 6:17-19