

## CROWDED LONELINESS

## Margin

SERIES BIG IDEA:

\_\_\_\_\_ demands \_\_\_\_\_.

\_\_\_\_\_ drives \_\_\_\_\_.

**Our lives are so \_\_\_\_\_ that we are lonely and overextended and that is not good.**

- The average family manages \_\_\_\_\_ different relationship circles.
- There are very few people in one circle who \_\_\_\_\_ someone else in one of your other circles.
- "For every 10 minutes you spend in an automobile, you reduce your available social capital by \_\_\_\_\_."—Robert Putman, *Bowling Alone*
- Many people are exposed to hundreds of people but do not have a \_\_\_\_\_ connection with anyone.

<sup>15</sup>Be very careful, then, how you live—not as unwise but as wise, <sup>16</sup>making the most of every opportunity, because the days are evil. <sup>17</sup>Therefore do not be foolish, but understand what the Lord's will is.

Ephesians 5:15-17 (NIV)

**Pursuing \_\_\_\_\_ leads to being overextended.**

**Following \_\_\_\_\_ leads to rest and fulfillment.**

**To redeem my time means I need to declare \_\_\_\_\_ on what distracts me from God's mission.**

TEACHING BIG IDEA:

**I'm going to declare \_\_\_\_\_ by \_\_\_\_\_ back my time to take back my life.**

\_\_\_\_\_ the relationships where I live.

\_\_\_\_\_ my activities that do not have a long-term meaning.

\_\_\_\_\_ my time into the relationships that are the most valuable.

### *Further reading for this week*

**Day 1: Hebrews 13:20-21**

**Day 2: Psalm 16:11**

**Day 3: Psalm 25:4-5**

**Day 4: Romans 12:1-21**

**Day 5: Matthew 6:33**

**Day 6: Colossians 4:5**